

About Ngala

Ngala is a provider of Early Parenting and Early Childhood services with a passion for supporting and guiding families and young children through the journey of parenting. Our services are available for families with children who work or reside in Western Australia

Ngala works towards a community where:

- Children and young people are healthy, safe, respected and develop to their full potential.
- Parents and young people are knowledgeable, skilled, confident and supported.
- Parents and children enjoy positive interactions and relationships.

What we do:

Ngala works with and for families and community members to enhance their experience of parenting and the development of children and young people.

What we are committed to and focus on:

- Listening, hearing and responding to the voice of the child and young person.
- Innovation that is driven by the views of families, communities, practice experience, education and research.
- An approach which is inclusive and focuses on the strengths of communities, families, children, our staff and volunteers.

What we want to achieve:

- Children and young people have improved wellbeing and sense of belonging.
- Parents are more confident and able to delight in their children.
- Parents are more responsive, flexible and perceptive.
- Families have enhanced parenting skills.
- Communities have access to information on the importance of the early, middle and adolescent years.
- Communities are connected and supported.

How we will do it:

- Work with communities to identify and deliver a diverse range of quality services.
- Research, evaluate and develop services to meet the needs of WA families and communities and expand access to parenting support.
- Advocate for families, children and young people in line with our vision.
- Build a sustainable organisation that demonstrates continuous improvement.
- Develop a skilled, knowledgeable and diverse workforce.

The term 'parents' is inclusive of mothers and fathers (including people who identify as LGBTI) as well as other primary carers including step-parents, foster carers and extended family members.

Ngala offers a range of community and residential based programs throughout WA, including:

- **Child and Parent Centres**
An early childhood one stop shop that is welcoming, easy to access and a place to meet other families. The centres will have family-friendly facilities, offer programs and services that support parents, and help children develop and learn in their early years. Ngala operates four Child and parent Centres on school sites in Banksia Grove, East Waikki, Calista and Rangeview.
- **Child Care**
Early Learning and Development Services catering for children ages 0-12 years. Centre based services in Joondalup, Kensington and Perth Airport. Family Day Care Services operating from Geraldton, surrounds and the North West of WA.
- **DadsWA**
Specialised programs and services targeting Dad of young children
- **Residential Stay Services**
Held at our Kensington Premises. Families requiring additional support are able to attend for a day to a full week stay. Families attending these services will be supported by Ngala's interdisciplinary team including

child health, midwives and mothercraft nurses, lactation consultants, psychologist, social workers and DadsWA staff. A General Practitioner is also available for consultation with families attending Overnight Stay

- Ngala Parenting Line

A phone back and website based services, where parents can contact Ngala for support advice or assistance, 7 days per week 12 hours a day. The parenting Line is staffed by skilled Practitioners ready to assist parents with children ages pre-Birth to 18 years.

- Home Interaction Program for Parents and Youngsters (HIPPY)

HIPPY is a free home-based parenting and early childhood enrichment program, which runs over two years, mainly during school terms. It empowers and supports parents as their child's first teacher, giving children the best chance of a successful early school experience. A HIPPY Home Tutor visits parents each fortnight to demonstrate a booklet of activities through role-play. Parents then spend a short amount of time each day doing one or two activities with their child.

- MyTime WA

MyTime is a facilitated, peer support program for parents and carers of children with disabilities, chronic health conditions and other high/complex needs.