What you can expect from our classes.

**INFANT AQUATICS:** For ages 6 months to 5 years. Teaches water safety and survival skills for parents and their children. Each lesson incorporates songs and fun activities to create positive bonding experiences. Parents can expect to be in the water with the child until Penguin when the parent will gradually step away from involvement in lessons.

**SWIM AND SURVIVE:** For children pre-primary age upwards.
Stages 1-15 teach water safety, survival skills and stroke technique.
Classes are based on the Royal Life Saving Society's Swim and Survive program.
The program encourages progression towards the next level all the way up to the Bronze Star certificate.

#### **SPECIALTY & EXTENSION CLASSES:**

**ADULT BEGINNER:** This class is designed for swimmers who may have a fear of the water and are not confident to submerge. The aim is to develop water confidence and teach basic swimming skills.

**ADULT LADIES ONLY BEGINNER:** Female only beginner adult swimming class with a female instructor. This provides women from all cultural backgrounds the opportunity to learn to swim.

**ADULT INTERMEDIATE:** For adults who are comfortable in the water but not confident with specific swimming strokes. They may have participated in the adult beginner classes and would like to develop better swimming techniques.

**BABY & ME AQUA PLAY:** Aqua play is a program designed to get little ones used to the water in a fun environment, this is not a class, so no enrolment is needed. The Aquarena Swim School will be making toys available for parents and caregivers of young children to come along and play in a sectioned off part of the pool. Normal fees and charges apply.

#### \*Specialty & Extension Classes are subject to change and offered on a term-by-term basis

**PARENTAL SUPERVISION:** It is a requirement that children under the age of twelve (12) be accompanied by a parent or guardian whilst at the Aquarena. A parent or suitable guardian must deliver and collect the student from their lesson. No child under the age of twelve (12) will be allowed to walk over to a parent or guardian.

Pass Street, Wonthella WA 6530 Phone. 9956 6906 Email. aquarena@cgg.wa.gov.au



# Term 1: 3 February – 2 April 2026

## **INFANT AQUATICS PROGRAM**

Monday	Tuesday	Wednesday	Thursday	Friday
9:30 - 9:55 Manta Ray		9:30 - 9:55 Manta Ray	8:30 – 8:55 Orca	
10:00 - 10:25	10:00 - 10:25	10:00 - 10:25	9:00 - 9:25	
Dolphin	Walrus	Dolphin	Walrus	
10:30 - 10:55	10:30 - 10:55	10:30 - 10:55	9:30 – 9:55	
Walrus	Dolphin	Walrus	Dolphin	
11:00 - 11:25	11:00 - 11:25	11:00 - 11:25	10:00 - 10:25	
Orca	Manta Ray	Orca	Manta Ray	
	11:30 - 11:55 Orca			

becoming a
Swimming
Teacher?

Contact Julie
Talbot for
more
information
on

9956 6906

Interested in

### **SWIM AND SURVIVE PROGRAM**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3:35 - 4:05		3:35 - 4:05	3:35 - 4:05	3:35 - 4:05	10.00 – 10.30
Stage 1		Stage 2	Stage 2	Stage 1	Stage 4
4:10 - 4:40	4:10 <mark>- 4:40</mark>	4:10 - 4:40	4:10 - 4:40	4:10 - 4:40	10.35 – 11.05
Stage 2	Stage 3	Stage 3	Stage 3	Stage 2	Stage 3
4:45 - 5:15	4:45 - 5:15	4:45 - 5:15	4:45 - 5:15	4:45 - 5:15	11.10 – 11.40
Stage 3	Stage 2	Stage 4	Stage 4	Stage 3	Stage 2
					11.45 – 12.15 Stage 1

## **SPECIALTY AND EXTENSION CLASSES PROGRAM**

Monday	Tuesday	Wednesday	Thursday	Friday
	9.25 – 9.55			
	Adult Beginners			
	(Ladies Only)			
5:20 - 5:50	F-20 F-F0	5.20 - 5.50	F.20 F.F0	
Adult Beginners (Ladies Only)	5:20 - 5:50 Adult Beginners	Adult Intermediate	5:20 - 5:50 Adult Beginners	