

# All Abilities Activities

## QEII SENIORS AND COMMUNITY CENTRE

<b>MONDAY</b>			
<b>Start</b>	<b>Finish</b>	<b>Class</b>	<b>Cost</b>
9.15am	10.00am	Balance Gym	FREE
10.30am	11.15am	Balance Gym	FREE

<b>TUESDAY</b>			
<b>Start</b>	<b>Finish</b>	<b>Class</b>	<b>Cost</b>
12.30pm	2.30pm	Line Dancing	FREE

<b>WEDNESDAY</b>			
<b>Start</b>	<b>Finish</b>	<b>Class</b>	<b>Cost</b>
9.00am	12.00pm	Laughs & Crafts	FREE
10.30am	11.15am	Balance Gym	FREE

<b>THURSDAY</b>			
<b>Start</b>	<b>Finish</b>	<b>Class</b>	<b>Cost</b>
11.00am	12.00pm	African Drumming	\$7.00
2.00pm	2.45pm	Zumba	\$5.00

<b>FRIDAY</b>			
<b>Start</b>	<b>Finish</b>	<b>Class</b>	<b>Cost</b>
9.00am	12.00pm	Art Class	\$5.00
6.00pm	8.00pm	Dance Days Disco Last Friday Monthly	\$5.00

## GERALDTON AQUARENA – SPLASH – INCLUSIVE AQUA

<b>TUESDAY</b>			
<b>Start</b>	<b>Finish</b>	<b>Class</b>	<b>Cost</b>
10.30am	11.00am	Aqua fitness class	\$5.00

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