



# Volunteer of the Month

## *Edna Freeman*

**Age:** 90

**Birthplace:** Vic Park, Perth

**How long have you lived in Geraldton:** 53 years

**Occupations over the years:** Housewife, service station business, assistant tour operator

**Hobbies:** Indoor bowls, Exercising, Gardening

**What do you like about Geraldton?** Everything is close and the friendliness of the people

**What would you change about Geraldton?** At the present time - the wind

**Club membership:** Seniors Action Group, Over 50's Gentle Gym, Ladies Probus Club, Life member of Moonyoonooka Horse & Pony Club

**What do you enjoy most at the QEII centre?** All the activities and the friendliness of most people

**What advice would you give the youth of today?** Be active and get involved in sporting facilities in Geraldton. *Respect your elders.*

**Claim to fame:** Winning the 1998 Seniors Week Award for Exemplary Service

**Edna's enjoyable moment:** Flying in a helicopter in New Zealand, landing on the Franz Josef glacier and sinking into snow up to my knees.

**Volunteer Work:** Catering for the Seniors Action Group  
Over 50's Gentle Gym Coordinator  
Regional representative - Ladies Probus Club  
Seniors Week Committee member

Edna is an excellent example of active ageing and has been coordinating the gentle gym classes twice a week at the centre. The group recently celebrated their 25<sup>th</sup> anniversary

**THANK YOU EDNA**