

# Queen Elizabeth II Seniors Advisory Committee

## Meeting Minutes

<b>Meeting Name</b>	Queen Elizabeth II Seniors Advisory Committee	<b>Meeting No.</b>	D-21-104286	
<b>Meeting Date</b>	Wednesday 15 September 2021			
<b>Meeting Time</b>	9:00am to 9:54am			
<b>Meeting Location</b>	Patio area, QEII Seniors & Community Centre			
<b>Attendees</b>	Cr Robert Hall	BH	<b>By Invitation</b>	
	Cr Steve Douglas	SD	<b>Apologies</b>	
Fiona Norling	FN	Cr Natasha Colliver		NC
Manager, Community & Cultural Development			Cr Kim Parker	KP
Peter Treharne	PT		Betty Clark	BC
Coordinator Community Development			Over 50's Gentle Gym Class	
Rosetta Finlay	RF		Annie Townshend	AT
QEII Seniors Programming Officer			Pensioners Social Club Inc	
Beryl Scott	BS			
National Seniors Inc				
Lina Mittoni	LM	<b>Distribution</b>	As Above	
Geraldton & Districts Seniors				
Action Group Inc				
Jean Steer	JS			
Seniors Recreation Council of WA Inc				
Pat Parker	PP			
Pensioners Social Club Inc				

### 1. WELCOME & APOLOGIES

Cr Hall welcomed the members and apologies were noted from the list above.

**CARRIED**

### 2. Confirmation of Minutes of Previous Meeting held Thursday 16 June 2021

Recommended that the minutes of the Queen Elizabeth II Seniors Advisory Committee held on 16 June 2021 as previously circulated, be accepted as a true and correct record of proceedings.

**Noted** by the Committee: Conflicting information has been received regarding induction cooktops and pacemakers from medical practitioners.

**ACTION:** *Cr Hall advised he would contact a cardiologist for correct information.*

**ADOPTED**

### 3. Reports to be Received:

**QEII Monthly Reports – June, July and August 2021**  
(As circulated and tabled)

**Noted** by the Committee:

**New Centre programs commenced in August:**

**Language Classes** (German and Italian) – Weekly session held on a Saturday with approximately 10 people attending

**Parkinson's Boxing Support Group** – Two weekly sessions held on a Monday and Wednesday.

**Gentle Yoga** – (Chair Yoga for Seniors) Weekly session held on a Monday. The program commenced as a five week pilot program and has progressed to include people with disabilities. Due to good attendance figures it will remain as a regular centre program.

### 4. Corona Virus Risk Management

**Noted** by the Committee:

- Volunteer greeters were thanked for their contribution in monitoring users as they entered the centre.
- The Switched on Seniors group have assisted seniors to download the SafeWA app resulting in a lower rate of manual sign ins.
- The vaccinated percentage of centre users is unknown and it was suggested information and awareness on vaccination be distributed.

**ACTION:** *RF to contact the City's Environmental Health Department for advice regarding distribution of vaccination information.*

### 5. 2021 Seniors Week Celebrations

**Noted** by the Committee:

- The 2021 Seniors Week draft program is currently with the City's Media Department and awaiting response.
- COTA (Council of the Ageing) have advised there is no Seniors Week logo this year and have input on the date of Seniors Week
- 2021 WA Senior Award Nominations (distributed to the Committee) are due by the 24 September 2021. The Centre will be entered into the WA Age Friendly Local Government category. The nomination form does not allow for senior groups to be nominated.

**ACTION:** *RF and PT to finalise 2021 WA Senior Awards nomination.*

### 6. General Business

**Noted** by the Committee:

- **Patio Area Fans** – The request has been approved and still waiting to be completed.

**ACTION:** *PT to contact the City's Building Maintenance Department for progress status.*

## Queen Elizabeth II Seniors Advisory Committee

- **Cr Steve Douglas** – Cr Douglas is retiring from Council and thanked the committee for their contribution to seniors and the pivotal role the centre played in the community. Cr Hall acknowledged Cr Douglas ongoing support on the Committee and wished him well on behalf of those present.
- **Community Development Conference** – FN recently attended a Community Development Conference and advised of the following successful programs; Hand to Heart by the City of Melville and Age Friendly Ambassador Program by the City of Bayswater.
- **Seniors on Line Computer Room** – Computer use is currently under review with a policy to be developed.

**ACTION:** *PT to monitor issues and develop policy regarding computer room usage*

### 7. Date of Next Meeting

15 December 2021

### 8. Close

There being no further business the meeting closed at 9:54am

All Committee Members, including external members, are subject to the same rules as a Council Meeting concerning confidentiality, public statements, conflicts of interest and behaviours of members, pursuant to the [Local Government \(Model Code of Conduct\) Regulations 2021](#).

The Presiding Member is to refer to the following Policy, Meeting Procedures and Regulations when chairing a meeting.

[Meeting Procedures Local Law 2011](#)

[Council Policy 4.4. Operation of Advisory Committees](#)

[Local Government \(Model Code of Conduct\) Regulations 2021](#).

## QEII SENIORS & COMMUNITY CENTRE REPORT – JUNE 2021

The Department of Local Government & Communities provides grant funding for a Seniors Program Officer to facilitate senior programs and operate a Seniors Resource Centre.

### Senior Programs Monthly Total Attendance

Art Class (weekly)	51
Balance Gym (four sessions per week)	221
Bereavement/Loss Group (monthly)	10
Bingo (monthly)	36
Bowls (weekly)	240
Boxing For Health	28
Cards (weekly)	102
Chess Group (weekly)	0
Chat n Do (Spalding Outreach) (weekly)	87
Computer lessons/assistance (daily)	0
Craft (weekly)	38
Crochet /Knitters Group (weekly)	68
Darts (weekly)	23
Drumming Workshops (Thursday) (two sessions weekly)	60
Drumming Workshops (Tuesday night) (weekly)	0
ESL Class (weekly)	23
Five Hundred Card Game / Rummikub (weekly)	58
Foodbank Van (twice a week)	0
Line Dancing (weekly)	54
Multicultural Choir	10
Mah-jongg (weekly)	42
National Seniors (monthly)	10
Over 50's Gentle Gym (three sessions a week)	336
Pensioners Social Club Meeting/ committee (monthly)	45
Pilates (weekly)	54
Pole Walking	39
QEII Advisory Committee (every three months)	10
QEII Gardening Club (monthly)	7
Rehab Gym (twice a week)	149
Scrabble /Canasta Group (twice a week)	62
Seniors Online (daily)	80
Seniors Action Group Meeting (monthly)	28
Seniors Recreation Council Inc. (bi-monthly)	8
Social Dancing 2532	58
Switched on Seniors	56
Table Tennis (weekly)	44
Ukulele Dreamers Club (weekly)	83
Visibility Australia (monthly)	0
Walk Group (weekly)	68
Walking Football (weekly)	39
Zumba (weekly)	105
<b>Additional Seniors Information Sessions/Event</b>	
Midwest Multicultural Association Inc Cooking Class – Pakistan	25
Australia's Biggest Morning Tea – QEII Fundraiser for Cancer Council	75
ABC Midwest & Wheatbelt broadcasted from the Centre on the 17 June 2021	
<b>Seniors Attendance Monthly Total</b>	<b>2532</b>

*Note:* Attendance totals does not include use of library and lounge room facilities

### Seniors Resource Centre

Enquiry	June
Centre program Information	42
Referral to other senior groups in the community	7
Assistance with accessing forms online/printing	13
Referral to senior service providers e.g. HACC	12
Seniors information e.g. seniors card, fuel card	4
New centre registrations	38

### Senior Service Providers:

- Balance Gym - WA Country Health Service
- English as a Second Language Classes – Midwest Multicultural Association
- Over 50's Gentle Gym – Geraldton Health Service
- Rehabilitation Gym – Geraldton Health Service
- Grief & Loss Group – St John Palliative Care
- Visibility Australia

### Senior Advertising/ Displays

- 350 hard copies of the QEII Senior Newsletter distributed and posted on the City of Greater Geraldton website and Over 50' Geraldton Life
- Morning Melodies advertised on Over 50's Geraldton Life Facebook page and centre noticeboards.
- Australia's Biggest Morning Tea Fundraiser

### Regular Community User Groups

- Geraldton Orchid Society
- Sun City Four Square Church

**Total for Regular Community Groups = 100**

### Occasional Community/Commercial Bookings

- African Association Prayer Meeting 50
- Sunset Yoga 450
- International Yoga Day 180
- Wajarri Yamatji Community Meeting 450

**Total for Occasional Community/Commercial Bookings= 1130**

**Total for QEII Seniors & Community Centre June Attendance = 3762**

**Rosetta Finlay**

QEII Seniors Programming Officer

## QEII SENIORS & COMMUNITY CENTRE REPORT – JULY 2021

The Department of Local Government & Communities provides grant funding for a Seniors Program Officer to facilitate senior programs and operate a Seniors Resource Centre.

### Senior Programs Monthly Total Attendance

Art Class (weekly)	37
Balance Gym (four sessions per week)	225
Bereavement/Loss Group (monthly)	5
Bingo (monthly)	29
Bowls (weekly)	255
Boxing For Health	22
Cards (weekly)	119
Chat n Do (Spalding Outreach) (weekly)	53
Computer lessons/assistance (daily)	0
Craft (weekly)	14
Crochet /Knitters Group (weekly)	86
Darts (weekly)	42
Drumming Workshops (Thursday) (two sessions weekly)	63
Drumming Workshops (Tuesday night) (weekly)	24
ESL Class (weekly)	20
Five Hundred Card Game / Rummikub (weekly)	95
Foodbank Van (twice a week)	10
Language Classes (weekly) (new program)	14
Line Dancing (weekly)	48
Multicultural Choir (weekly)	25
Mah-jongg (twice a week)	76
National Seniors (monthly)	11
Over 50's Gentle Gym (three sessions a week)	390
Pensioners Social Club Meeting/ committee (monthly)	37
Pilates (weekly)	63
Pole Walking	25
QEII Advisory Committee (every three months)	0
QEII Gardening Club (monthly)	3
Rehab Gym (twice a week)	165
Scrabble /Canasta Group (twice a week)	76
Seniors Online (daily)	110
Seniors Action Group Meeting (monthly)	37
Seniors Recreation Council Inc. (bi-monthly)	10
Social Dancing (weekly)	49
Switched on Seniors (weekly)	102
Table Tennis (weekly)	59
Ukulele Dreamers Club (weekly)	73
Visibility Australia (monthly)	9
Walk Group (weekly)	34
Walking Football (weekly)	38
Zumba (weekly)	138
<b>Additional Seniors Information Sessions/Event</b>	
Midwest Multicultural Association Inc Cooking Class –Aboriginal	32
Seniors Action Group Celebration Lunch	64
Tax Help	6
Don Punch MLA, Minister for Disability Services, Fisheries, Innovation and ICT, Seniors & Ageing visit to the Centre.	40
<b>Seniors Attendance Monthly Total</b>	<b>2833</b>

Note: Library and Lounge Room facilities are not included in attendance figures

### Seniors Resource Centre

Enquiry	July
Centre program Information	61
Referral to other senior groups in the community	3
Assistance with accessing forms online/printing	10
Referral to senior service providers e.g. ACAT	7
Seniors information e.g. seniors card, fuel card	3
New centre registrations	50

### Senior Service Providers:

- Balance Gym - WA Country Health Service
- English as a Second Language Classes – Midwest Multicultural Association
- Over 50's Gentle Gym – Geraldton Health Service
- Rehabilitation Gym – Geraldton Health Service
- Grief & Loss Group – St John Palliative Care
- Visibility Australia

### Senior Advertising/ Displays

- 350 hard copies of the QEII Senior Newsletter distributed and posted on the City of Greater Geraldton website and Over 50' Geraldton Life
- Morning Melodies advertised on Over 50's Geraldton Life Facebook page and centre noticeboards.
- Expressions of Interest for new QEII programs – Yoga for Seniors and Language Lessons.

### Regular Community User Groups

- Geraldton Orchid Society
- Sun City Four Square Church

**Total for Regular Community Groups = 140**

### Occasional Community/Commercial Bookings

- 2 x Art Workshops 22
- Fermenting Workshop 20
- Birthday Celebration 100
- Bogan Bingo 110
- Sunset Yoga 350

**Total for Occasional Community/Commercial Bookings= 602**

**Total for QEII Seniors & Community Centre July Attendance = 3575**

**Rosetta Finlay**

QEII Seniors Programming Officer

## QEII SENIORS & COMMUNITY CENTRE REPORT – AUGUST 2021

The Department of Local Government & Communities provides grant funding for a Seniors Program Officer to facilitate senior programs and operate a Seniors Resource Centre.

### Senior Programs Monthly Total Attendance

Art Class (weekly)	62
Balance Gym (four sessions per week)	310
Bereavement/Loss Group (monthly)	11
Bingo (monthly)	34
Bowls (weekly)	319
Boxing For Health	16
Cards (weekly)	114
ChatnDo (Spalding Outreach) (weekly)	65
Computer lessons/assistance (daily)	16
Craft (weekly)	15
Crochet /Knitters Group (weekly)	73
Darts (weekly)	56
Drumming Workshops (Thursday) (two sessions weekly)	56
Drumming Workshops (Tuesday night) (weekly)	0
ESL Class (weekly)	23
Five Hundred Card Game / Rummikub (weekly)	79
Foodbank Van (twice a week)	20
Gentle Yoga (weekly) (new program)	52
Language Classes (weekly) (new program)	43
Line Dancing (weekly)	73
Multicultural Choir (weekly)	17
Mah-jongg (twice a week)	89
National Seniors (monthly)	16
Over 50's Gentle Gym (three sessions a week)	372
Parkinson's Support Group – Boxing (two sessions weekly) (new program)	38
Pensioners Social Club Meeting/ committee (monthly)	38
Pilates (weekly)	45
Pole Walking	26
QEII Advisory Committee (every three months)	0
QEII Gardening Club (monthly)	4
Rehab Gym (twice a week)	184
Scrabble /Canasta Group (twice a week)	89
Seniors Online (daily)	110
Seniors Action Group Meeting (monthly)	38
Seniors Recreation Council Inc. (every three months)	0
Social Dancing (weekly)	35
Switched on Seniors (weekly)	74
Table Tennis (weekly)	78
Ukulele Dreamers Club (weekly)	91
Visibility Australia (monthly)	10
Walk Group (weekly)	67
Walking Football (weekly)	25
Zumba (weekly)	121
<b>Additional Seniors Information Sessions/Event</b>	
Bendigo Bank Tastes of the World Cooking Session –Pilipino	30
Tax Help (volunteer unavailable)	0
Advocare Support Officer	10
Seniors Wildflower Trip	48
<b>Seniors Attendance Monthly Total</b>	<b>3092</b>

Note: Library and Lounge Room facilities are not included in attendance figures

### Seniors Resource Centre

Enquiry	August
Centre program Information	80
Referral to other senior groups in the community	6
Assistance with accessing forms online/printing (includes census forms)	35
Referral to senior service providers e.g. ACAT	11
Seniors information e.g. seniors card, fuel card	4
New centre registrations	60

### Senior Service Providers:

- Balance Gym - WA Country Health Service
- English as a Second Language Classes – Midwest Multicultural Association
- Over 50's Gentle Gym – Geraldton Health Service
- Rehabilitation Gym – Geraldton Health Service
- Grief & Loss Group – St John Palliative Care
- Visibility Australia

### Senior Advertising/ Displays

- 350 hard copies of the QEII Senior Newsletter distributed and posted on the City of Greater Geraldton website and Over 50' Geraldton Life
- Morning Melodies, Seniors Wildflower Trip advertised on Over 50's Geraldton Life Facebook page and centre noticeboards.
- New QEII programs – Chair Yoga for Seniors, Language Lessons and Parkinson Support Group

### Regular Community User Groups

- Geraldton Orchid Society
- Sun City Four Square Church

**Total for Regular Community Groups = 150**

### Occasional Community/Commercial Bookings

- People with Disabilities Drumming Group 10
- Electrical Wholesalers Expo 400
- Wedding 200
- Religious Gathering Scripture 50
- Sunset Yoga 300

**Total for Occasional Community/Commercial Bookings= 1110**

**Total for QEII Seniors & Community Centre August Attendance = 4202**

**Rosetta Finlay**

QEII Seniors Programming Officer