

# Queen Elizabeth II Seniors Advisory Committee

## Meeting Minutes

<b>Meeting Name</b>	Queen Elizabeth II Seniors Advisory Committee	<b>Meeting No.</b>	D-21-032594
<b>Meeting Date</b>	Wednesday 17 March 2021		
<b>Meeting Time</b>	9:05am to 9:52am		
<b>Meeting Location</b>	Lower Hall QEII Seniors & Community Centre		
<b>Attendees</b>	Cr Robert Hall	BH	<b>By Invitation</b>
	Fiona Norling	FN	<b>Apologies</b>
	Manager, Community & Cultural Development		
Rosetta Finlay	RF	Cr Steve Douglas	SD
QEII Seniors Programming Officer		Cr Natasha Colliver	NC
Beryl Scott	BS	Cr Kim Parker	KP
National Seniors Inc		Peter Treharne	PT
Merrilyn Line	ML	Acting Coordinator Community Development	
Over 50's Gentle Gym Class			
Lina Mittoni	LM	<b>Distribution</b>	As Above
Geraldton & Districts Seniors Action Group Inc			
Jean Steer	JS		
Seniors Recreation Council of WA Inc			
Annie Townshend	AT		
Pensioners Social Club Inc			

### 1. WELCOME & APOLOGIES

Cr Hall welcomed the members and apologies were noted from the list above.

**CARRIED**

### 2. Confirmation of Minutes of Previous Meeting held Thursday 23 December 2020

Recommended that the minutes of the Queen Elizabeth II Seniors Advisory Committee held on Thursday 23 December 2020 as previously circulated, be accepted as a true and correct record of proceedings.

**ADOPTED**

### 3. Reports to be Received:

**QEII Monthly Reports – December 2020, January & February 2021**  
(See attached reports for further details)

**Noted** by the Committee:

**Multicultural Cooking Classes** - Organised by the Midwest Multicultural Association in conjunction with the Centre. A Kenyan cooking session in February was well attended with 30 participants.

**Balance Gym** – Two extra sessions commenced in February to cater for the increase in participants with a total of four classes held weekly.

**Chess & Bridge** – due to social distancing requirements both programs have not recommenced.

**Over 50's Gentle Gym** – A Wednesday session held recently had 80 participants over the two classes. Class numbers are capped at 40 per session.

**Centre Registrations** – Monthly attendance figures have been steady with February recording 56 memberships

**Upcoming Programs/ Information Sessions:**

**Food Sensations for Adults** – Commencing April a four week program will be conducted by Catherine Dumont, Public Health Nutritionist and includes an information session followed by a cooking class.

**Crime Stoppers WA Bikelinc** - The City of Greater Geraldton has partnered with Crime Stoppers WA and the WA Police Force to reunite local people with their lost or stolen bikes. The centre will host a session to provide an opportunity for seniors to engrave their bikes and gophers.

#### **4. Corona Virus Risk Management**

**Noted** by the Committee:

- Social distancing guidelines are set by the State Government and centre changes are made in consultation with the City's Environmental Health Department.
- In February PT held a meeting with centre staff, centre volunteers and senior user group leaders to re-establish COVID-19 Rules & Regulations for each program at the centre. (See attached QEI Seniors & Community Centre COVID-19 Rules & Regulations document)
- A COVID 19 vaccine eligibility checker can be sourced at [www.health.gov.au](http://www.health.gov.au).
- Centre volunteers will continue to be located in the centre foyer to assist with registering attendees and downloading the SAFE WA app.

#### **5. Other Business**

**Noted** by the Committee:

**Positive Ageing Strategy**

- The City is formalising a Positive Ageing Strategy and the Centre is regarded as an important stakeholder in community engagement and consultation.

**QEII Lounge Room**

- Discussions are in progress to reinstate the lounge as a seating area.

**QEII Patio – Installation of Fans**

- A centre user group has made a written request to the City in regards to the installation of fans in the patio area to assist with air circulation. Due to social distancing regulations seniors are unable to utilise the lounge area and in summer the patio area is hot.  
RF contacted Building Maintenance who advised there is no provision in the current budget.

**ACTION:** RF to contact Building Maintenance to organise quotes for the installation of two fans and an electrical power point in the patio area.

**ACTION:** RF to purchase a tower fan for the centre foyer as requested by centre COVID registration volunteers.

**6. Date of Next Meeting**

16 June 2021

**7. Close**

There being no further business the meeting closed at 9:52am

## QEII SENIORS & COMMUNITY CENTRE REPORT – DECEMBER 2020

The Department of Local Government & Communities provides grant funding for a Seniors Program Officer to facilitate senior programs and operate a Seniors Resource Centre.

### Senior Programs Monthly Total Attendance

Art Class (weekly)	32
Balance Gym (twice a week)	138
Bereavement/Loss Group (monthly)	15
Bingo (monthly)	32
Bowls (weekly)	130
Boxing For Health	30
Bridge Group (weekly)	0
Cards (weekly)	0
Chess Group (weekly)	0
Chat n Do (Spalding Outreach) (weekly)	34
Computer lessons/assistance (daily)	0
Craft (weekly)	19
Crochet /Knitters Group (weekly)	50
Darts (weekly)	20
Drumming Workshops (Thursday) (two sessions weekly)	15
Drumming Workshops (Tuesday night) (weekly)	0
ESL Class (weekly)	9
Five Hundred Card Game / Rummikub (weekly)	11
Foodbank Van (twice a week)	0
Line Dancing (weekly)	22
Multicultural Choir	0
Mah-jongg (weekly)	0
National Seniors (monthly)	0
Over 50's Gentle Gym (three sessions a week)	239
Pensioners Social Club Meeting/ committee (monthly)	46
Pilates (weekly)	32
Pole Walking	23
QEII Advisory Committee (every three months)	10
QEII Gardening Club (monthly)	0
Rehab Gym (twice a week)	64
Scrabble /Canasta Group (twice a week)	48
Seniors Online (daily)	20
Seniors Action Group Meeting (monthly)	85
Seniors Recreation Council Inc. (bi-monthly)	10
Social Dancing	52
Switched on Seniors	31
Table Tennis (weekly)	23
Ukulele Dreamers Club (weekly)	58
Visibility Australia (monthly)	0
Walk Group (weekly)	50
Walking Football (weekly)	24
Zumba (weekly)	82
<b>Additional Seniors Information Sessions/Event</b>	
Aged Care Hub	10
QEII Volunteers Thank you Morning Tea	34
<b>Seniors Attendance Monthly Total</b>	<b>1498</b>

*Note:* The Centre closed during the Christmas/ New Year period from Wednesday 12 noon and reopened 11 January 2021.

## Seniors Resource Centre

Enquiry	December
Centre program Information	42
Referral to other senior groups in the community	3
Assistance with accessing forms online/printing	15
Referral to senior service providers e.g. HACC	9
Seniors information e.g. seniors card, fuel card	4
New centre registrations	7

### Senior Service Providers:

- Balance Gym - WA Country Health Service (twice a week)
- English as a Second Language Classes – Midwest Multicultural Association (weekly)
- Over 50's Gentle Gym – Geraldton Health Service (twice a week)
- Rehabilitation Gym – Geraldton Health Service (twice a week)
- Grief & Loss Group – St John Palliative Care (monthly)
- Visibility Australia (monthly)

### Senior Advertising/ Displays

- Distribution of December newsletter- 350 hard copies, emailed to 625 recipients and posted on Over 50's Geraldton Life and CGG website

### Regular Community User Groups

- Geraldton Orchid Society
- Sun City Four Square Church
- HMAS Tour Guides

**Total for Regular Community Groups = 90**

### Occasional Community/Commercial Bookings

- Church Meeting 40
- Islam under the Spotlight 6

**Total for Occasional Community/Commercial Bookings = 46**

**Total for QEII Seniors & Community Centre Attendance = 1634**

**Rosetta Finlay**

QEII Seniors Programming Officer

## QEII SENIORS & COMMUNITY CENTRE REPORT – JANUARY 2021

The Department of Local Government & Communities provides grant funding for a Seniors Program Officer to facilitate senior programs and operate a Seniors Resource Centre.

### Senior Programs Monthly Total Attendance

Art Class (weekly)	0
Balance Gym (twice a week)	132
Bereavement/Loss Group (monthly)	0
Bingo (monthly)	0
Bowls (weekly)	209
Boxing For Health	21
Bridge Group (weekly)	0
Cards (weekly)	0
Chess Group (weekly)	0
Chat n Do (Spalding Outreach) (weekly)	0
Computer lessons/assistance (daily)	0
Craft (weekly)	16
Crochet /Knitters Group (weekly)	52
Darts (weekly)	29
Drumming Workshops (Thursday) (two sessions weekly)	0
Drumming Workshops (Tuesday night) (weekly)	0
ESL Class (weekly)	0
Five Hundred Card Game / Rummikub (weekly)	17
Foodbank Van (twice a week)	0
Line Dancing (weekly)	0
Multicultural Choir	0
Mah-jongg (weekly)	0
National Seniors (monthly)	0
Over 50's Gentle Gym (three sessions a week)	340
Pensioners Social Club Meeting/ committee (monthly)	0
Pilates (weekly)	17
Pole Walking	23
QEII Advisory Committee (every three months)	0
QEII Gardening Club (monthly)	0
Rehab Gym (twice a week)	64
Scrabble /Canasta Group (twice a week)	54
Seniors Online (daily)	70
Seniors Action Group Meeting (monthly)	0
Seniors Recreation Council Inc. (bi-monthly)	0
Social Dancing	49
Switched on Seniors	0
Table Tennis (weekly)	32
Ukulele Dreamers Club (weekly)	35
Visibility Australia (monthly)	0
Walk Group (weekly)	40
Walking Football (weekly)	19
Zumba (weekly)	82
<b>Additional Seniors Information Sessions/Event</b>	0
Australia Day Concert by Rotary Club of Geraldton	45
<b>Seniors Attendance Monthly Total</b>	<b>1346</b>

*Note:* The Centre closed during the Christmas/ New Year period from Wednesday 23 December 12 noon and reopened 11 January 2021.

## Seniors Resource Centre

Enquiry	January
Centre program Information	23
Referral to other senior groups in the community	2
Assistance with accessing forms online/printing	5
Referral to senior service providers e.g. HACC	4
Seniors information e.g. seniors card, fuel card	6
New centre registrations	14

### Senior Service Providers:

- Balance Gym - WA Country Health Service (twice a week)
- English as a Second Language Classes – Midwest Multicultural Association (weekly)
- Over 50's Gentle Gym – Geraldton Health Service (twice a week)
- Rehabilitation Gym – Geraldton Health Service (twice a week)
- Grief & Loss Group – St John Palliative Care (monthly)
- Visibility Australia (monthly)

### Senior Advertising/ Displays

- A January Newsletter was not produced due to the centre reopening 11 January 2021.

### Regular Community User Groups

- Geraldton Orchid Society
- Sun City Four Square Church

**Total for Regular Community Groups = 60**

### Occasional Community/Commercial Bookings

- Swimming with Sharks 80

**Total for Occasional Community/Commercial Bookings = 140**

**Total for QEII Seniors & Community Centre Attendance = 1486**

**Rosetta Finlay**

QEII Seniors Programming Officer

## QEII SENIORS & COMMUNITY CENTRE REPORT – FEBRUARY 2021

The Department of Local Government & Communities provides grant funding for a Seniors Program Officer to facilitate senior programs and operate a Seniors Resource Centre.

### Senior Programs Monthly Total Attendance

Art Class (weekly)	54
Balance Gym (four sessions per week)	254
Bereavement/Loss Group (monthly)	13
Bingo (monthly)	33
Bowls (weekly)	288
Boxing For Health	38
Cards (weekly)	108
Chess Group (weekly)	8
Chat n Do (Spalding Outreach) (weekly)	76
Computer lessons/assistance (daily)	0
Craft (weekly)	16
Crochet /Knitters Group (weekly)	71
Darts (weekly)	43
Drumming Workshops (Thursday) (two sessions weekly)	56
Drumming Workshops (Tuesday night) (weekly)	19
ESL Class (weekly)	41
Five Hundred Card Game / Rummikub (weekly)	67
Foodbank Van (twice a week)	0
Line Dancing (weekly)	50
Multicultural Choir	14
Mah-jongg (weekly)	39
National Seniors (monthly)	18
Over 50's Gentle Gym (three sessions a week)	413
Pensioners Social Club Meeting/ committee (monthly)	36
Pilates (weekly)	46
Pole Walking	32
QEII Advisory Committee (every three months)	0
QEII Gardening Club (monthly)	13
Rehab Gym (twice a week)	123
Scrabble /Canasta Group (twice a week)	60
Seniors Online (daily)	80
Seniors Action Group Meeting (monthly)	45
Seniors Recreation Council Inc. (bi-monthly)	0
Social Dancing	65
Switched on Seniors	74
Table Tennis (weekly)	45
Ukulele Dreamers Club (weekly)	74
Visibility Australia (monthly)	10
Walk Group (weekly)	59
Walking Football (weekly)	33
Zumba (weekly)	121
<b>Additional Seniors Information Sessions/Event</b>	
Multicultural Association Cooking Class – Kenya	28
Diabetes WA Information Session	13
QEII Volunteers Meeting	18
<b>Seniors Attendance Monthly Total</b>	<b>2694</b>

Note: Totals do not include use of library and lounge room facilities only

### Seniors Resource Centre

Enquiry	February
Centre program Information	62
Referral to other senior groups in the community	4
Assistance with accessing forms online/printing	12
Referral to senior service providers e.g. HACC	3
Seniors information e.g. seniors card, fuel card	2
New centre registrations	56

### Senior Service Providers:

- Balance Gym - WA Country Health Service (twice a week)
- English as a Second Language Classes – Midwest Multicultural Association (weekly)
- Over 50's Gentle Gym – Geraldton Health Service (twice a week)
- Rehabilitation Gym – Geraldton Health Service (twice a week)
- Grief & Loss Group – St John Palliative Care (monthly)
- Visibility Australia (monthly)

### Senior Advertising/ Displays

- 350 hard copies of the QEII Senior Newsletter was distributed and posted on City of Greater Geraldton and Over 50' Geraldton Life

### Regular Community User Groups

- Geraldton Orchid Society
- Sun City Four Square Church

**Total for Regular Community Groups = 150**

### Occasional Community/Commercial Bookings

- Memorial Service 150
- Midwest African Association 45
- Nagle College School Ball 200
- Birthday Party 100
- Fermenting Workshop 16

**Total for Occasional Community/Commercial Bookings = 511**

**Total for QEII Seniors & Community Centre Attendance = 3355**

**Rosetta Finlay**

QEII Seniors Programming Officer